

**TEXAS YOUTH CAMP
COVID-19 Medical Protocol**

Isolating and Transporting Children and Staff Who Have Symptoms While at Camp

- Campers or staff might have COVID-19 symptoms while at camp. Administrators should take action to isolate people who begin to have these symptoms from other children and staff.
- Isolate campers and staff exhibiting new or worsening signs or symptoms of possible COVID-19 and work with state or local public health authorities, as applicable.
- Staff exhibiting new or worsening symptoms of possible COVID-19 should receive a rapid COVID-19 test.
- Plan to have an isolation room or an area, preferably with access to a separate restroom, that can be used to isolate a sick camper or staff member. Ensure that isolated children are still under adult supervision.
- Do not allow campers or staff with the new or worsening signs or symptoms of COVID-19 to return to work until:
 - 10 days since symptoms first appeared or a positive test, and
 - 24 hours with no fever without the use of fever-reducing medications, and
 - Other symptoms of COVID-19 are improving
- In the case of a camper or staff member who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to activities until the individual has completed the same three-step criteria listed above; or If the staff member has symptoms that could be COVID-19 and wants to return to activities before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on a negative rapid COVID-19 test and an alternative diagnosis.
- Immediately isolate any camper or staff member who tests positive for COVID-19 and report the positive test to the appropriate health authority.
- If a staff member tests positive for COVID-19, the staff member will immediately leave the camp, and the camp operator should notify parents or guardians of possible exposure to a lab-confirmed case of COVID-19.
- If a camper tests positive for COVID-19, the camper's parent or guardian should pick up, or arrange to have picked up, the camper within 8 hours.
- When an individual tests positive for COVID-19, notify all parents or guardians of campers in the cohort. The parents or guardians may decide to either pick up their child from the camp or leave the child in the camp and trust the camp to take appropriate safeguards. Keep the cohort containing the individual who tested positive for COVID-19

isolated from other cohorts at the camp for the short of the remainder of the camp session or 14 days.

- If three or more cohorts have had any identified positive cases of COVID-19, work with state or local public health authorities, as applicable, about continued operations of the camp session. ≤ Staff should follow and supervise the Cabin Hygiene Plan, Dining Hygiene Plan, Program Activity Plan, and, if applicable, Transportation Plan.
- Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them; this includes surfaces or shared objects in the area, if applicable.
- Within the first 24 hours after the sick person has been in the space, wait as long as possible (at least several hours) before cleaning and disinfecting. Before cleaning and disinfecting, improve ventilation by opening doors and windows, using fans, and/or using heating, ventilation, and air conditioning (HVAC) settings to increase air circulation.
- Ensure safe and proper use of cleaners and disinfectants, including wearing adequate personal protective equipment and storing products securely away from children.

Guiding Principles for Fully Vaccinated People

For the purposes of this guidance, people are considered fully vaccinated for COVID-19 ≥2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥2 weeks after they have received a single-dose vaccine (Johnson & Johnson [J&J]/Janssen).

- Fully vaccinated people should still get tested if experiencing COVID-19 symptoms.
- Although the risk that fully vaccinated people could become infected with COVID-19 is low, any fully vaccinated person who experiences symptoms consistent with COVID-19 should isolate themselves from others, be clinically evaluated for COVID-19, and tested for SARS-CoV-2 if indicated. The symptomatic fully vaccinated person should inform their healthcare provider of their vaccination status at the time of presentation to care.
- Most fully vaccinated people with no COVID-like symptoms do not need to quarantine, be restricted from work, or be tested following an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low. However, they should still monitor for symptoms of COVID-19 for 14 days following an exposure.

Notify Health Officials and Advise Close Contacts of Quarantine Recommendations

- In accordance with state and local laws and regulations, camp administrators should notify local health officials, staff, and families of campers immediately of any case of COVID-19 while maintaining confidentiality in accordance with applicable law.
- Work closely with local health officials to conduct contact tracing to identify people who might have been exposed to COVID-19.

- Advise those who have had close contact with a person diagnosed with COVID-19 to quarantine, self-monitor for symptoms, and follow CDC guidance if symptoms develop. People who are fully vaccinated who are asymptomatic can refrain from quarantine and testing following a known exposure.